Maple Pecan Granola

By: Lisa Woodruff at www.lisawoodruffnutrition.com

Prep time: 10 minutes Cook time: 60 minutes Yield: 8 cups

Ingredients:

- 4 cups old-fashioned oats
- 1¹/₂ cup quick-cook oats
- 2 cups pecans, chopped
- 1/4 teaspoon salt
- ³⁄₄ teaspoon cinnamon
- 3 Tablespoons light brown sugar, packed
- 1/3 cup canola oil
- 1/3 cup maple syrup
- 1/2 teaspoon vanilla

Instructions:

- 1. Wash hands with soap and warm water.
- 2. Preheat oven to 260°F. Line a 13 x 18 inch baking sheet with parchment paper.
- 3. In a large bowl, combine the oats, pecans, salt, cinnamon, and brown sugar.
- 4. Add the canola oil, maple syrup, and vanilla. Stir to evenly distribute.
- 5. Pour granola mixture onto baking sheet and spread to an even layer.
- 6. Bake at 260°F for one hour. Rotate pan after 30 minutes.
- 7. Cool completely and store in an airtight container for up to two weeks at room temperature.

To Freeze Leftovers:

Bake and cool granola as directed above. Place granola in freezer bag, food saver pouch, or freezer-safe canning jar. Carefully remove air from freezer bag before sealing or use a food saver. Label bag with name and date cooked; store for up to three months. Thaw at room temperature before eating.



